



OCTOBER

9-12
HLNHS21

unity meals

LUNCH



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| 2 Crispy Chicken Sandwich or Three Cheese Enchiladas (V) with Beans <i>ational School Lunch Week</i> 9 Cheeseburger or Grilled Cheese Sandwich (V) Potato Wedges | 3 Orange Chicken Bowl or Tofu Bowl (V) with Mixed Vegetables or Asian Chicken salad | 4 Beef Burrito or Mac and Cheese Pasta (V) with Corn | 5 Chicken and Waffles or Cheesy Nachos (V) with Broccoli or Italian Chicken salad | 6 Pizza (Cheese (V) or Pepperoni) or Grilled Cheese sandwich (V) Baby carrots |
| 10 Bean and Cheese Pupusa (V) or Bean and Cheese Burrito (V) with Mixed Vegetables or Chicken Caesar salad | 11 Marinara Pasta & Meatballs & Sautéed Carrots | 12 Chicken Taco Bowl & Beans | 13 Cheesy Nachos & Broccoli | |
| 16 Beef & Cheese Taco Stick & Beans | 17 Teriyaki Chicken Bowl & Mixed Vegetables | 18 Chicken Nuggets w/ Roll & Corn | 19 Chicken Parmesan Pasta & Broccoli | 20 Pizza Hut Pepperoni Pizza & Baby Carrots |
| 23 Hamburger & Potato Wedges | 24 Chicken Chow Mein & Mixed Vegetables | 25 Chicken Tamale & Beans | 26 Orange Chicken Bowl & Baby Carrots | 27 Chicken Burrito & Broccoli |
| 30 Crispy Chicken Sandwich & Broccoli |  31 Cauldron Butter Chicken on Midnight Rice <input checked="" type="checkbox"/> sautéed carrots + cookie | <i>November</i> 1 Chicken & Waffles & Potato Wedges | 2 Beef Taco Bowl & Beans | 3 Pizza Hut Pepperoni Pizza & Baby Carrots |