

JANUARY LUNCH MENU

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			Breakfast: Concha Lunch: Chicken Tamale	Breakfast: Cereal Lunch: Walking Taco with Beef	Breakfast: Breakfast Grilled Cheese Sandwich Lunch: Pizza	
21	22	23	24	25	26	27
	Breakfast: Cereal bar + Cheese Stick Lunch: Chicken & waffles	Breakfast: Cinnamon Crumble Cake Lunch: Mac & Cheese Pasta with Beef	Breakfast: Chocolate Waffles Lunch: Crispy Chicken Sandwich	Breakfast: Cowboy Bread Lunch: Chicken Taco Bowl	Breakfast: Maple Sausage Pancake Sandwich Lunch: Nachos	
28	29	30	31			
	Breakfast: Low- Fat Yogurt + Granola Lunch: Grill eseCheese	Breakfast: Cereal Bowl (Variety) + Graham Crackers Lunch: Garlic Pasta with Chicken	Breakfast: Blueberry Muffin Lunch: Chicken Nuggets with Roll			